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*V. Mark Durand, David H. Barlow*

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This briefer version of Durand and Barlow's best-selling text was created specifically for those professors who were drawn to the authors' standard-setting integrative approach but wanted a shorter, easier book. In this briefer version, the authors explain abnormal psychology with the integrative approach. The integrative approach helps students understand that each psychological disorder has its roots in multiple factors: biological, psychological, cultural, social, familial, and even political. Throughout the text, real cases - 95 percent from the authors' own case files - provide a realistic context for the scientific findings of the book, and ensure that readers never lose sight of the fact that beyond the DSM-IV-TR criteria, the theories, and the research are real people.

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