



# Pas de Deux: A Textbook on Partnering

*Nikolai Serebrennikov*

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## **Pas de Deux: A Textbook on Partnering** Nikolai Serebrennikov

"Mr. Serebrennikov's book is widely famous throughout the world. Students, teachers, and dancers in all fields of dance will find this important work useful."-- Svetlana Osiyeva, ballet faculty, Harid Conservatory, Boca Raton, and former principal dancer and soloist with the Kirov Ballet

*Pas de Deux* has been widely regarded as the foremost existing textbook on the art of partnering. First published in 1969 in Russian by one of the world's most respected experts on partnering, the original book was created for the Vaganova Ballet Academy in St. Petersburg, the school that produced Pavlova and Nijinsky. This expanded edition contains new text, sketches, and photographs that describe 32 new poses and lifts, along with new information about strengthening exercises and balance points. It is adaptable to instruction based on the Royal Academy of Dancing and the Cecchetti methods, making it invaluable for teachers and dancers of all three major methodologies.

Beginning with simple exercises for young dancers, the comprehensive text guides students, teachers, and choreographers safely to complex lifts and tosses. The instruction is useful to all forms of dance, including ballet, jazz, modern dance, ballroom dancing, and ice dancing.

Nikolai Serebrennikov, a former dancer with the Kirov Ballet, is a master pedagogue at the Vaganova Ballet Academy in Russia.

Marian Horosko, a former member of the New York City Ballet, is the education editor of *Dance Magazine*. She is the author of many books, most recently *Sleeping Beauty* and *Ballet Technique for the Male Dancer*.

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