



The Bay Area Homegrown Cookbook: Local Food, Local Restaurants, Local Recipes (Homegrown Cookbooks)

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"This book is a testament to these vital relationships [between chefs and farmers] and to the momentous transformation that brings food—grown, raised, or gathered wild—directly to the table."

—Paul Bertolli, *from the Foreword*

Local. Seasonal. Sustainable. Farm fresh.

Restaurants all over the Bay Area of San Francisco try to boast at least one of these adjectives, but to the farmers and chefs profiled here, these are more than just buzzwords. They are a way of life. These farmers rise before the roosters to bring fresh produce, meats, and cheeses to area farmers' markets. These chefs kick off the day with an early trip to the market and wrap it up in the wee hours of the night after feeding hundreds of appreciative diners.

In *The Bay Area Homegrown Cookbook*, you'll find the stories behind some of the San Francisco Bay Area's most buzz-worthy chefs, including Michael Tusk of Quince, Amaryll Schwertner of Boulette's Larder, Laurence Jossel of Nopa, Peter Chastain of Prima Ristorante, and Phil West of Range. The chefs featured here work with area farmers to bring the freshest locally grown, sustainable foods to their menus. With more than 65 outstanding recipes from these dedicated chefs and farmers, we hope you'll enjoy bringing a little homegrown food into your own kitchen.

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Shanika Jeans:

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Randall Briggs:

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