



The Way of the Heart: The Spirituality of the Desert Fathers and Mothers

Henri J. M. Nouwen

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Henry J.M. Nowuen, one of the greatest of all spiritual writers, invites us to search deeply for the well-springs that nourish true ministry in his classic *The Way of the Heart*. Interweaving the solitude, silence, and prayer of the fifth-century Egyptian Desert Fathers and Mothers with our contemporary search for an authentic spirituality, *The Way of the Heart* not only leads us to a fuller encounter with God, but to a more creative ministry with our fellow human beings. Here is one of the most profound works from a writer known for his fresh and perceptive insights—and who stands alongside C.S. Lewis and Thomas Merton as an essential Christian scholar and thinker.

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