



Back to the Table: The Reunion of Food and Family

Art Smith

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Art Smith is Oprah Winfreys personal chef. Smith provides readers with an array of mouth-watering recipes that represent the very best of home cooking. He also discusses how to set the table in a way that gives reverence to the food and the guests; how various cultures give blessings before a meal; how different kinds of foods and dishes can contribute to an atmosphere of family unity; and so much more! Back to the Table is illustrated throughout with stunning photos of the food and of people sharing their tables, and their lives. He has cooked professionally for the families of celebrities and heads-of-state for almost 20 years.

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