



# 101 Drama Games and Activities: Theatre Games for Children and Adults, including Warm-ups, Improvisation, Mime and Movement

*David Farmer*

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## **101 Drama Games and Activities: Theatre Games for Children and Adults, including Warm-ups, Improvisation, Mime and Movement** David Farmer

Gain access to a personal collection of 101 highly effective drama games and activities suitable for children or adults. Sections include improvisation, mime, ice-breakers, group dynamics, rehearsal, story-telling, voice and warm-ups. This unique book has been developed over a thirty year career in education and theatre, through workshops with actors, teachers and children around the world. The pages are packed with tried and tested ideas for a whole range of activities useful for drama lessons, workshops or rehearsals.

This ground-breaking book will equip you with the following knowledge and skills:

- Quickly create scenes and starters for improvisation
- Learn to develop movement and mime skills through fun and enjoyable activities
- Help new groups get to know each other with tried and tested ice-breakers
- Develop group awareness and trust through group dynamics games
- Spice up rehearsal sessions with activities to develop characters and new approaches
- Explore the use of physical theatre
- Find new ways of using story-telling in drama
- Help your students to develop their voice through games, activities and tongue-twisters
- Have fun with dozens of warm-up games!

'Belongs amongst the top 10 books any director or drama teacher should own.' - English Touring Opera

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