

## How Do We Tell the Children? Fourth Edition: A Step-by-Step Guide for Helping Children and Teens Cope When Someone Dies

Dan Schaefer, Christine Lyons

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Many children's lives are touched by a serious illness within their families, and some will be faced with the loss of a parent or grandparent, or the death of a sibling or beloved pet. How can adults help young people cope with these losses? How do they explain and console in language that a child can understand?

Dr. Daniel Schaefer, working with child psychologists and trauma experts, and drawing on more than three decades of experience with families in crisis, has written a practical guide for anyone who works or lives with children—parents, caregivers, counselors, or teachers—to respond to their inevitable questions about loss and change, life and death. He provides strategies to assist children with grief and trauma and offers time-tested advice and language that children can understand.

How Do We Tell the Children?

Now in its fourth edition, this classic guide includes new material on:

- dealing with the traumatic stress of a large-scale catastrophe
- handling the repercussions of school violence
- helping grandparents manage as caregivers
- advising employers about how to support employees going through a family loss.

The book also features an expanded quick-reference Crisis Section with conversation scripts and up-to-date resources, including websites, publications, and support groups.



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