



How To Survive Your 40Th Birthday: The Complete Guide to Getting the Care You Need-- And Avoiding Problems You Don't

Bill Dodds

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Here's a great gag gift for anyone turning 40!

How To Survive Your 40th Birthday is a perfect gift for thirty-nine-year-olds dreading the Big Four 40. It provides reassurance that there's more to life after forty: old age and death. And it's chock fun of off-the-wall advice that can come in very handy when you turn forty, including:

1. How to act surprised at your surprise 40th birthday party
2. How to tell the difference between a mid-life crisis and a hangover
3. How to raise a family without raising your blood pressure
4. How to find your lost youth without hurting yourself
5. How to get through your high-school reunion without lying about your job

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From reader reviews:

Betty Sanchez:

Have you spare time for the day? What do you do when you have a lot more or little spare time? Yep, you can choose the suitable activity with regard to spend your time. Any person spent their own spare time to take a wander, shopping, or went to the actual Mall. How about open or even read a book allowed How To Survive Your 40Th Birthday: The Complete Guide to Getting the Care You Need--And Avoiding Problems You Don't? Maybe it is for being best activity for you. You understand beside you can spend your time with the favorite's book, you can wiser than before. Do you agree with the opinion or you have different opinion?

Arlene Wilson:

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Marsha Bridges:

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Maxine Ford:

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