



You Majored in What?: Mapping Your Path From Chaos to Career

Katharine Brooks

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Has it happened yet? Have you been asked **The Question**? You know the one. It's the question that haunts you from your early undergrad days to months, even years, after you graduate... "*What are you going to do with that major?*" Inevitably this unleashes waves of anxiety, whether you're a liberal arts student unsure what your degree has prepared you for, someone with a "practical" major whose career field is oversaturated (or just unappealing), or a recent grad still searching for inspiration. But take heart - **The Question** is fundamentally flawed. Your major does not equal your job!

In *You Majored In What?*, nationally known career counselor Dr. Katharine Brooks dispels the myths and the old-fashioned thinking that can make your transition to the "real world" so daunting and chaotic. Developed from more than twenty years of teaching and guiding students to successful careers, her Wise Wanderings career coaching system helps you mine your academic and life experiences for career gold through creative yet practical techniques including visual mapping, storytelling, and experimenting. Thanks to the Wise Wanderings system, you can forget what you've been told about the job search. You don't have to know where you'll be in ten years. You don't have to have picked the perfect major. The job-finding process doesn't have to be one more burden on your already overburdened schedule. All you have to do is pay attention. Embrace the chaos. Think. Create maps. Construct small experiments. Celebrate your education. Consider possible lives. Tell stories. And start wandering. Wisely, of course. You'll be amazed at what's waiting out there for you.

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