

My Veggetti Spiral Vegetable Cutter Recipe Book: For Easy Paleo, Gluten-Free and Weight Loss Diets! (Spiral Vegetable Series) (Volume 1)

J. S. Amie

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Amazon's #1 Book For Veggetti Spiralizers!

Thank you for your feedback! We have incorporated your ideas and suggestions in the current edition! Now that you've purchased a Veggetti Spiralizer, this book will teach you how to use it like a pro! My Veggetti Spiral Vegetable Cutter Recipe Book is Amazon's original, and most comprehensive Spiralizer cookbook. Edition 3 contains detailed instructions showing how to use all popular spiralizers (Veggetti, Paderno, and Julienne Mandolines). If you own a vegetable Spiralizer, then this book will inspire you to create healthy meals that are tasty and popular with your family and friends.

In "My Veggetti Spiral Vegetable Cutter Recipe Book" you will learn: + How to use the Veggetti and Paderno-style Spiralizers + Detailed tips and tricks to spiralize vegetables like a pro + How to pick the best vegetables for spiralizing + How to make a variety of noodles and even spiralized "rice"

Recipes Include + Gluten Free, Paleo, and Weight Loss "Pastas" + A variety of meats and vegetarian spiralized dishes + Main dishes, sides, salads, soups and desserts

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