



Optimize Life for Your Aging Parents and You

Paula Berryann

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You can handle those large projects at work with no sweat. Dealing with aging parents can be totally different when you factor in the emotional roller coaster, their resistance to change, and an unknown end date. You won't see the curve balls coming at you until it's too late. This book helps you think about what is the right answer for your parents and you now. What is the next step? Many of the options can be expensive. I share my experiences and others' choices along with the emotional, financial, legal, and medical aspects of aging. The reality is your parents will die. This might not be an easy path as they decline. You will deal with doctors, funerals, death, and grief. It is critical you create a life line and support team to help you through the difficult times before their death and after. As you become the aging parents, implement my suggestions and make life easier for your children and you. This book will guide you through the challenges of managing care for your aging parents.



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Paul Dixon:

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