



# **Spanish for Mental Health Professionals: A Step by Step Handbook (Paso a Paso Series for Health-Care Professionals) (English and Spanish Edition)**

*Deborah E. Bender, Christina Harlan, Linda Ko, Irwin Stern*

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This book and CD package is similar in design to other books in the Paso a Paso Series for Health Care Professionals. This package is specifically for mental health workers attempting to break through language and cultural barriers between English- and Spanish- speaking participants. The suggested application is a small group setting in the workplace in which a fluent Spanish speaker serves as a facilitator at one hour sessions held once a week. The learner is expected to work daily on exercises and practice listening and responding to the CD.

The premise is that the beginning learner will not be alone in a situation where a conversation is beyond their ability; the novice speaker will be part of a team and will acquire greater competency through active, on-the-job speaking and listening.

All too often non-English-speaking newcomers are isolated, separated from the family support systems they once enjoyed in their native countries. They are overwhelmed and don't realize assistance is available to address the depression, anger, and frustration they are feeling. This handbook and CD set will help mental health and social workers reach across the language barriers to help their clients.

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