



# Mi Círculo de Chakra (Spanish Edition)

*Carina Olofsson Santana*

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## **Mi Círculo de Chakra (Spanish Edition)** Carina Olofsson Santana

Este círculo fue canalizado por mí de mis guías en 2007-2008. No puedo agradecerles lo suficiente por esta herramienta que me ha dado, a mí y a tantos otros, increíbles ayudas a avanzar y comprender más de la vida. ¿Quieres llegar a conocerte mejor, ser más feliz y más consciente? ¡Entonces este círculo puede tener algo para ti! Aprenderás lo que representa cada chakra, qué color, parte del cuerpo, fortalezas, miedos, elementos, cristales, etc. que tiene cada chakra. Qué enfermedades están vinculadas a los diferentes chakras. Aprenderás a hacer lectura intuitiva y vista simbólica. Varias herramientas que puedes utilizar para equilibrar, entre otras cosas meditaciones y afirmaciones. Aprender el idioma del sistema energético humano es una forma de lograr conciencia de sí mismo, aprender a reconocer los patrones en tu vida y la fuerte conexión entre cuerpo, mente y espíritu. Esta conciencia da comprensión, gozo y paz de la mente mientras conduce a la sanación física y emocional. Te dará una nueva perspectiva sobre tu poder personal. Aumentará tu conciencia, tu intuición y, sobre todo, mejorarás tu calidad de vida. El conocimiento de chakra es la clave del poder personal. Encontrando el equilibrio en nuestro interior sigue automáticamente el exterior y sentimos una paz interior y seguridad con todo. Esto es lo que, para mí, es la esencia de toda la medicina alternativa y abre tu increíble habilidad para curarte a ti mismo. No hay únicamente una verdad, sino tantas verdades como personas hay. En el sentido de la vida está la elección de cual verdad voy a elegir en mi vida...

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