



Foods to Fight Cancer: Essential foods to help prevent cancer

Richard Beliveau

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Detailing the key foods that have been medically shown to be beneficial in both preventing and fighting cancer, this is the must-have resource for anyone looking to get healthy and stay that way. **AUTHOR BIO:** Richard Béliveau, PhD, a leading authority in cancer research, holds the Chair in the Prevention and Treatment of Cancer at the Université du Québec à Montréal, where he is a professor of biochemistry. Denis Gingras, PhD, is an oncology researcher at the Centre de cancérologie Charles-Bruneau.

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