

How to Sew a Button: And Other Nifty Things Your Grandmother Knew

Erin Bried

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"Waste not, want not" with this guide to saving money, taking heart, and enjoying the simple pleasures of life.

Nowadays, many of us "outsource" basic tasks. Food is instant, ready-made, and processed with unhealthy additives. Dry cleaners press shirts, delivery guys bring pizza, gardeners tend flowers, and, yes, tailors sew on those pesky buttons. But life can be much simpler, sweeter, and richer—and a lot more fun, too! As your grandmother might say, now is not the time to be careless with your money, and it actually pays to learn how to do things yourself!

Practical and empowering, **How to Sew a Button** collects the treasured wisdom of nanas, bubbies, and grandmas from all across the country—as well as modern-day experts—and shares more than one hundred step-by-step essential tips for cooking, cleaning, gardening, and entertaining, including how to

- polish your image by shining your own shoes
- grow your own vegetables (and stash your bounty for the winter)
- sweeten your day by making your own jam
- use baking soda and vinegar to clean your house without toxic chemicals
- feel beautiful by perfecting your posture
- roll your own piecrust and find a slice of heaven
- fold a fitted sheet to crisp perfection
- waltz without stepping on any toes

Complete with helpful illustrations and brimming with nostalgic charm, **How to Sew a Button** provides calm and comfort in uncertain times. By doing things yourself, with care and attention, you and your loved ones will feel the pleasing rewards of a job well done.



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