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*Alex Rues*

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**\*\*SPECIAL PRICE\*\*, get this Amazon Guide for just \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device.**

The Ketogenic Diet Cookbook is for those making use of the ketogenic diet to cure child epilepsy and other neurologic conditions. This book is to assist parents make more tasty, creative recipes and menus for their child on the ketogenic diet.

The ketogenic diet does not need to be plain. It can be very versatile and good tasting. We have designed a wide range of new menus and impressive methods to keep the diet helpful. The Ketogenic Diet Cookbook includes 70 recipes with easy-to-follow guidelines for a delicious selection of foods and snacks instantly from your kitchen to the table.

This book will be your regular kitchen partner with nutritional information such as a net carbohydrate, protein and fat count per serving shown for every single recipe. That's information and facts you want, and need to have, right at your fingertips.

Some of the awesome recipes bundled in this low- carb cookbook include:

- Almond Buns
- Reuben Dip
- Cheesy Sausage Balls
- Chicken Nuggets
- Roasted Duck
- Stuffed Peppers
- Caveman Chili
- Deviled Egg Chicks
- Thai Beef
- Coconut Macaroons
- Mint Chocolate Chip Ice Cream
- Extreme Chocolate Smoothie

## This book Consists of Simple Chapters

- What is Ketogenic Diet
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