



# The Complete Idiot's Guide to Cooking--for Guys

*Tod Dimmick*

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## **The Complete Idiot's Guide to Cooking--for Guys** Tod Dimmick

Whether it's nachos or crock-pot kielbasa, a party, something quick for the kids' lunch, a romantic date night, or dinner-for-one, this guy-friendly cookbook features over 230 real-food recipes for everything from vegetables, pasta, and desserts, to leftovers, appetizers, and grilling. Instead of relying on shortcuts, canned food, or unhealthy processed ingredients, it pares down complex cooking instructions; explains basic cooking terms; figures in prep time and cook time; and allots larger portion sizes.

- Notes high salt or high cholesterol recipes
- Includes more than 230 recipes
- Provides special tips, advice, and recipe construction for beginners, plus bigger portion sizes for hungry men

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