



Big Dreams Take Small Sacrifices

Sourena Vasseghi

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Regardless of the circumstances in your life, you have the power to push aside your excuses and live your dreams.

Sure, that's easy to say. But how do you do that?

That's where *BIG DREAMS TAKE SMALL SACRIFICES* comes in. Sourena Vasseghi's advice addresses **motivation and commitment, momentum and mood, self-analysis and automation, regimen and reminders**. Yet he does so with the authority that belongs only to him.

You see, three decades ago, Sourena was born with severe cerebral palsy--a handicap that's limited his physical abilities, impeded his speech, and confined him to a wheelchair for life. "**The dreamer inside me knew there was an alternative to blaming my handicap. But like a needle in a haystack, I had to find it.**" That "needle," he believed, would give him everything in life--money, career, wife, kids, and a sense of accomplishment.

Yet, these elements wouldn't come together until he **stopped viewing his handicap as an excuse**. How could he ask the world to take care of him when he *himself* wouldn't make the right sacrifices?

BIG DREAMS TAKE SMALL SACRIFICES **opens your eyes to possibilities** and delivers them, too, *if* you pay the price of sacrifice-- can find the "needle in the haystack."

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