



# **The Path of Alchemy: Energetic Healing & the World of Natural Magic (Pathways to Enlightenment)**

*Mark Stavish*

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## **The Path of Alchemy: Energetic Healing & the World of Natural Magic (Pathways to Enlightenment)**

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Alchemy offers tremendous insight into alternative therapies, new medicines, and the depths of the human mind. Illuminating a truly esoteric practice, Mark Stavish reveals how to create and apply "medicines for the soul" in this remarkable guide to plant and mineral alchemy.

*The Path of Alchemy* introduces the history and basic laws of this ancient practice, and explains how it ties into Qabala, tarot, astrology, and the four elements. Safe, modern techniques-based on spagyrics (plant alchemy)-for producing distillations, stones, tinctures, and elixirs are given, along with their uses in physical healing, spiritual growth, psychic experiments, initiation, consecration, spellwork, and more. Each chapter includes meditations, projects, and suggested reading as aids to "inner transformation," an equally important aspect of alchemy. Tools, rituals, lunar and solar stones, and the elusive Philosopher's Stone are all covered in this comprehensive guide to alchemy.

Finalist for the Coalition of Visionary Resources Award for Best Magick/Shamanism Book

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